

The Joyful Living Yoga Center takes every precaution to reduce the spread of Coronavirus, according to guidelines from the local Health Department and the Centers for Disease Control and Prevention. For your safety:

- We use disinfecting solution to wipe down all surfaces, such as countertops, handles, doorknobs, tables, sinks, floors and faucets after every class.
- All teachers receive a temperature check before every class.
- We are using an air purifier system that uses UV light within it to inactivate any airborne pathogens.
- We have placed markers on the floor for your mats to ensure everyone keeps at least a 6-foot distance from each other. (Place your mat behind the sticker on the floor and within the blue tape).
- We are holding classes for a limited number of people consistent with the Governor's orders. Please visit www.joyfullivingyoga.com to sign up at least one hour before class to secure your place.

Please also help us observe the following recommended safety precautions:

- If you are feeling sick, caring for someone who is sick, are quarantining from/have COVID-19, or are quarantining after travel please stay home and practice in our virtual studio. :)
- Please remain at least 6 feet (about 2 arms' length) from other people.
- Please wear a face covering at all times when you enter, it is only optional when you are on your mat that is spaced 6 feet apart from anyone. Mask must be worn while traveling throughout the studio.

- Hand sanitizers are located conveniently and in the yoga room for your use.
- Please bring your own mats (also a strap, or strap alternative, and a blanket you can roll up).
- Thank you for understanding that we have a no-refunds policy and we ask that you always contact us asap to inform us you cannot attend a class or event.

As it becomes safe to reopen we look forward to welcoming you back, but if you prefer, we will continue to hold **virtual classes!** For more information, please call us at **732-899-9642.**

Thank you for your cooperation!